Buddha in Suburbia

UK/2011/58 min/ Digital/English /Non-fiction



Directed by Robert Wilkins Produced by Simon Wheeler

Narrated by Hermione Norris

Short synopsis:

It is an extraordinary journey of 40 year old Lelung Rinpoche, one of Tibetan Buddhism's three principal reincarnations, as he sets out to gather the lost teachings of his faith and to attempt a return to his homeland.

long synopsis:

Buddha in Suburbia tracks the extraordinary journey of 40 year old Lelung Rinpoche, one of Tibetan Buddhism's three principal reincarnations, as he sets out to gather the lost teachings of his faith and attempt a return to his homeland.

For the past seven years, Lelung Rinpoche has been living in exile in Ruislip North London, in the garden shed of one of his students. He runs a dharma or teaching centre locally, attended by British followers. Now a British passport holder, he embarks on a mission to find previous Lelung's teachings, and the teachers who hold the key to unlocking their secrets. His odyssey takes him to India, Mongolia and China as he tries to find a way of getting back to Tibet. He meets some of Tibetan Buddhism's most senior teachers, including the Tibetan Prime Minister in exile.

Lelung Rinpoche has a daunting task to complete on his quest to recover lost teachings before they disappear, and to try to take the right steps on his own path towards enlightenment.