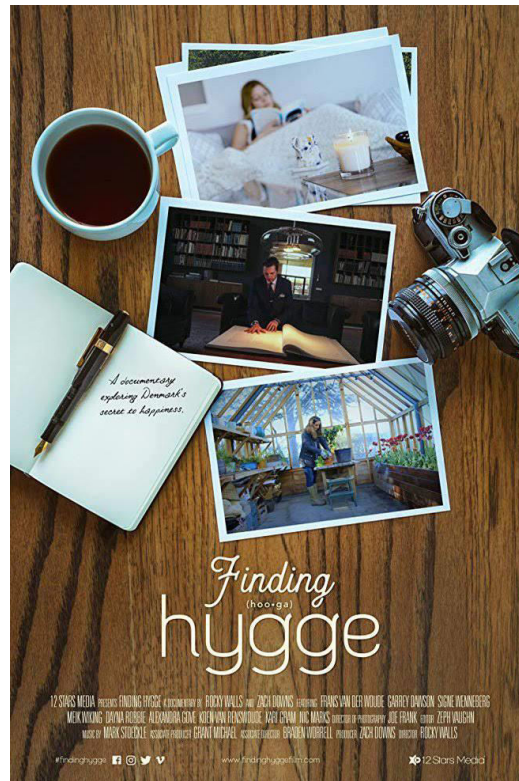


Finding Hygge/USA/2018/84 min./English /Non-fiction/Digital

Director: Rocky Walls



Synopsis

Hygge, the Danish art of creating joy and coziness in life's everyday moments, has exploded in popularity amidst growing division and distrust around the world. But finding hygge in one's own life can be more complicated than it seems. This globe-trotting film presents a surprising, funny, and often philosophical collection of characters who share the meaning of hygge and how to find happiness.